



I live the life I create.

With every decision I make, I am taking steps toward creating the life I deserve.


I live in a universe in which everything is connected. I am part of something much greater, wider, and more significant, and my actions and thoughts have consequences.

I feel the energy of the world, the planet, the universe, and those around me. I understand that we all operate on an energy level, and that this gives me the power to achieve my dreams.

I am responsible for my own happiness.

Every thought I have, word I speak, and attitude I express is sent out into the Universe, where it is put to work creating the life I have asked for.

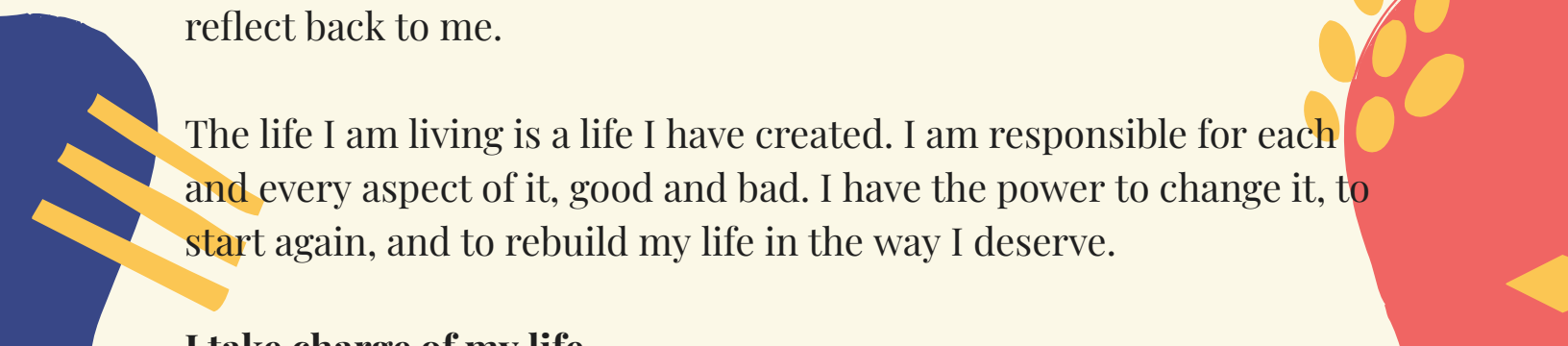
I choose to send out love, positivity, and respect. I understand that by putting these qualities out into the world, I am inviting them back into my life.





I manifest the life I desire.

I see that if I choose to send good vibes out, I get good vibes back. If I choose to focus on fear, negativity, and pain, then these qualities will reflect back to me.

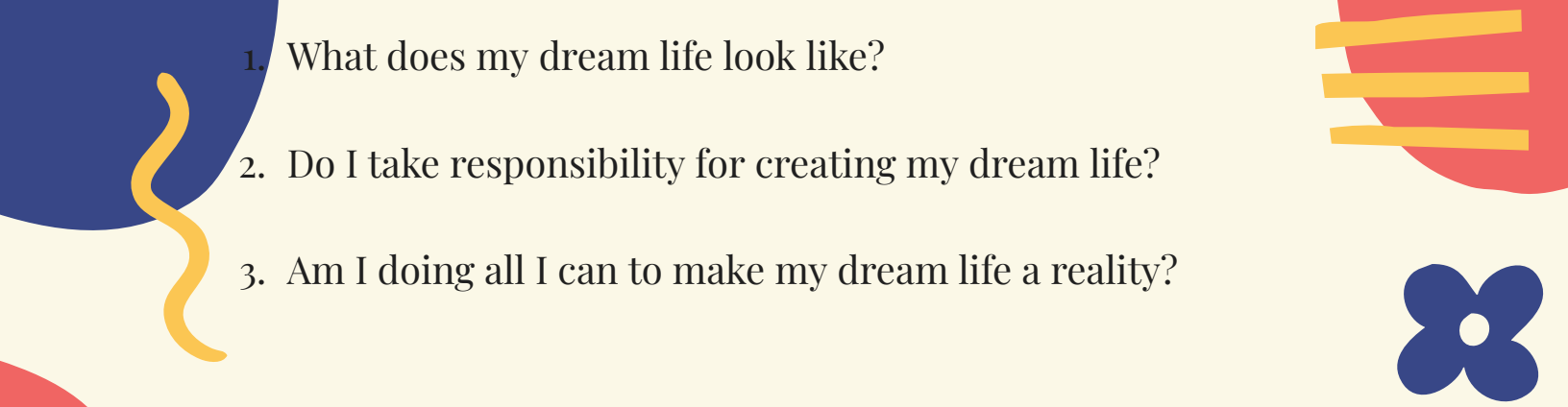


The life I am living is a life I have created. I am responsible for each and every aspect of it, good and bad. I have the power to change it, to start again, and to rebuild my life in the way I deserve.

I take charge of my life.

Today, I choose to build the life I love. I see that this is my responsibility, and I embrace this wholeheartedly.

Self-Reflection Questions:

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1. What does my dream life look like?
 2. Do I take responsibility for creating my dream life?
 3. Am I doing all I can to make my dream life a reality?